



23 August 2019

Prayer

Immaculate Heart of Mary

In the Immaculate Heart of Mary, I Trust
Look to the Star
Call upon Mary!

In danger, in difficulty
or in doubt,
think of Mary,
call upon Mary,
Keep her name on your lips,
Never let it pass out of your heart.

Following in her footsteps,
you will not go astray:
praying to her,
you will not
fall into despair:
thinking of her you will not err.

While she keeps hold of your hand,
you will not fall ...
you will not grow weary ...
you will have no fear ...
Enjoying her protection,
you will reach the goal.

Saint Bernard

Principal

Last Thursday, 15 August, we celebrated the feast of the Assumption. We celebrated as a college community with a Year 9 and 10 combined Mass with the Parish community at 9.30am and then with a Year 7 and 8 combined Mass at

2.30pm. I would like to thank all the staff and students that were involved in the Mass and a special thank-you to Father Richard Rosse parish priest at St Catherine of Siena and Father Justel Callos assistant parish priest at Sacred Heart/Emmaus, who celebrated the Masses with us.

We also recently celebrated the feast of Australia's first saint, St Mary of the Cross MacKillop. With Mary MacKillop we have a model of untiring service to the Church and to the underprivileged and poor in Australia. With the Assumption we are reminded of Mary's profound faith and her absolute commitment to her God. Both women are models for us of faith and discipleship and challenge us to reflect on our own lives and our relationship with God.

College Production: 'Grease'

I would like to take this opportunity to sincerely **thank all the staff and students** that were involved in this years College production 'Grease'. The cast brilliantly sung and danced through such hit songs as "Greased Lightning", "We Go Together", and "Beauty School Dropout". Grease is still among the world's most popular musicals, and it was easy to see why, after watching our students perform in this years production.

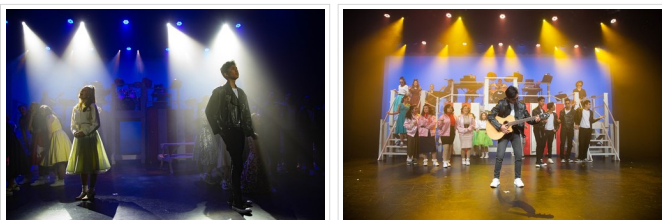
The students took us on a memorable ride through Rydell High, as they explored the challenges of peer pressure, relationships, identity and loyalty. We witnessed a high energy and vibrant performance, led by our amazing students as they showcased their singing, dancing and acting talents in an engaging and entertaining way. I was truly amazed, by the wonderful gifts and talents that our students have across so many diverse areas.

In this production we witnessed the students and staff working collaboratively and creatively to bring out the best in each other. We are very proud of all involved, as they dedicated themselves to many hours of rehearsals, after school and on weekends.

We also thank those involved backstage, front of house and the many students, staff and our maintenance team involved in the painting, construction and transporting of the set. Their work makes events like this possible, and we need to acknowledge that they are also learning new skills and abilities that will benefit them in the future. Thank you also to the parents who have

supported their child through auditions and rehearsals and for being the 'taxi driver' for many drop-offs and pick-ups.

A very special thank you, to staff members Katie Franzone, Laura Mason, Ben Wisby, Danny Godoy and Yanina Martins who went above and beyond to put together an amazing college production, that many external production experts labeled as "a truly professional" performance. Thank you all, for providing the opportunity for our students to display their talents and treasures and to take away with them, a wonderful lifetime of memories that they will cherish forever!



Live Fully Act Justly Day

The 2019 celebration of our College feast day, known as *Live Fully Act Justly Day*, will take place on Friday 13 September. This event is a celebration of our commitment to our Catholic Faith as well as a time to reflect on how we can action our College Motto.

On Live Fully Act Justly Day the community will celebrate Mass together, share a BBQ lunch provided by the College (and organised by the Parents & Friends Committee) and join in activities and entertainment. No money will be needed on the day as all entertainment and a BBQ lunch will be provided free. The students will have equal access and the opportunity to take part in as many activities as they like. It promises to be a fantastic day for everyone!

Uganda: 2019 Target 20,000

In 2018 we raised just over \$18,000 through donations and the Parents & Friends raffle. This enabled us to get the first stage of the classroom block completed at St Francis. In 2019, the target has again been set at \$20,000. But a project of this size and scope is going to need the continued commitment of our whole community. Therefore, in order to raise the funds, we need to come together as a college community and indeed live, breathe and enact our college motto of 'Live Fully Act Justly'. As we did last year, we are asking that every student in the College again commit to a donation of \$25 to be paid in the weeks leading up to our feast day. This can be paid in small installments to the Homeroom teacher if needed. In the case of families with more than 2 children a family donation amount of \$50 can be paid.

Support

Staff, the Parents & Friends Committee and the Student Leadership team have again pledged their support for the project. The P&F have generously offered to organize the BBQ and feed our students on the day. The Student Leaders have committed to running the activities with the guidance and support of staff members. We are employing our community networks to also become involved and lend their support. The Parents & Friends Committee, will also be conducting a raffle and invite any donation of prizes to be won, from members and friends of the Catholic Regional College Caroline Springs

community. To make a donation to the raffle, contact Melissa Kennedy by email: mkennedy@crccs.catholic.edu.au.

Current List of donated items

- LendLease - CS Square gift cards
- Fun Fields general admission tickets
- St Albans Sport Club \$50 voucher
- Melbourne Football Club - Signed 2019 Melbourne Football Guernsey
- Bunnings roast spit and accessories
- Art and Craft supplies - Amy Mangion
- Watergardens donation bags
- CS Music 1x electric guitar, 1x acoustic guitar 1x \$320 voucher
- Deer Park Hotel \$20 voucher
- Essendon Football Club - Signed 2019 Essendon Football Guernsey

We eagerly look forward to your support in this unique opportunity for our College to make a real positive difference in the lives of many children and families. Please don't hesitate to contact the College regarding 2019 Live Fully Act Justly Day and the Uganda Project.

Year 10 Formal Social

Last Friday 16 August our Year 10 students celebrated their formal social at the Luxor Reception Centre in Sydenham. The students enjoyed a three-course meal and thoroughly enjoyed themselves dancing and socializing with their friends. I would like to thank the students involved in the formal social planning committee and the Year 10 Year Level Leaders Mr. Hayes and Ms. Rogers for overseeing the planning and preparation. The students should be commended and congratulated on their exemplary behavior throughout the evening.



Jamie Madigan
Principal

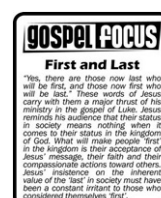
Mission and Faith Leader

GOSPEL FOCUS – TWENTY FIRST SUNDAY IN ORDINARY TIME YEAR C

Lk 13:22-30

The Mass and the need for active participation of families

Over the past week, Fr Richard (Parish Priest of St Catherine of Siena Parish Church) has been speaking with our Year 7 students in religion classes about the significance and



importance of the Eucharist. Fr took the *Gospel Focus* opportunity to explain the various parts of the mass and the reasons why these parts are included in the sacred liturgy.

The Holy Eucharist, Vatican II tells us, is "the source and summit of the Christian life" (*Lumen gentium*, no. 11; cf. *Catechism of the Catholic Church*, no. 1324). In participating in the Eucharist, we remember and participate in Christ's sacrifice. But most of all, we are giving God thanks.

As parents and primary educators of your child's faith it is extremely important that time is taken to emphasize the importance of prayer and spirituality in family life. We make time for sport, entertainment and work, but what about the spiritual?

Attendance at College Masses – College Liturgies, Friday 8am Mass, Sunday Mass and support of faith opportunities at the College does much to help the child and family in their faith development. Some suggestions to encourage faith and spiritual formation could include:

- Prayers before meals
- Conversations about faith related issues
- Asking your child what they are learning in Religious Education
- Attending Sunday Mass and the Sacraments (reconciliation)
- Engaging in spiritual/theological reading to gain knowledge about the faith

It is only through the development of a partnership based on faith between the school and families that faith can flourish.

The Feast of The Assumption Mass

Last week staff and students honoured the Holy Day of Obligation by celebrating the Feast of The Assumption at St Catherine of Siena Parish Church. The Year 9 & 10 students and their teachers participated in the parish mass at 9:30am celebrated by Fr Richard Rosse (Parish Priest of St Catherine of Siena Parish) and the Year 7&8 students and their teachers celebrated mass at 2:30pm with Fr Justel Callos (Assistant Parish Priest Sacred Heart/Emmaus Parish, St Albans). Students took up various ministries in the mass and both masses were accompanied by the singing of Marian Hymns from our students in the College Choir and Ministry Ensemble.

Parents and Friends Father's Day Mass

The Parents and Friends Association would like to extend a warm invitation to all our fathers, grandfathers and significant father figures to a breakfast and blessing to be held in our cafeteria on the morning of **Friday 30 August from 7.30am to 8.30am**. There will also be the opportunity for those wishing to attend 8am Mass at St. Catherine of Siena church.

Please come to join your child/children for a light breakfast and a chat with some of our staff and student leaders. There will be a guest speaker and entertainment from our college music ensemble and choir.

In order to cater for the breakfast adequately, could you please RSVP via the following link by Friday 23 August.

<https://crccarolines.schoolzineplus.com/event/604>



Father's Day

Invitation - Live Fully Act Justly Day Mass

An invitation to all Parent/Carers and their families

To our Live Fully Act Justly Day Mass which is celebrated annually at Catholic Regional College, Caroline Springs. It is a time to reflect on how we as a Catholic Community are trying to 'live our life to the fullest' and creating a more 'just world' through the examples and teachings of Jesus and the Church. Bishop Mark Edwards (Auxiliary Bishop to the Western Region) will be celebrating the Mass.

Friday 13 September
College Hall
9:00am-10:00pm

Please register your interest via the following link

<https://crccarolines.schoolzineplus.com/event/booking/choose-tickets/605>

Friday 8:00am Mass – St Catherine of Siena Parish Church

A reminder that 8:00am Mass is on every Friday of the school term at St Catherine of Siena Parish Church. All staff, students and their families are welcomed to attend.

Please note that Friday 8:00am Mass will not occur on Friday 6, 13 and 20 September as Fr Richard will be on leave.



**BEGIN THE DAY WITH
CHRIST**

**8am every
Friday of School Term**

**St Catherine of Siena Parish
Caroline Springs**

**FAMILIES, STUDENTS, STAFF &
PARISHIONERS ARE ALL WELCOME**

Friday 8:00am Mass – St Catherine of Siena Parish Church

College Community Health Announcement

I write to inform you that a student in our College community is currently undergoing medical treatment for cancer.

As a College community we need to be mindful of health concerns that may impact this student's compromised immune system. Throughout the treatment period, members of our College community, including family members, in our college community, will be in regular contact with the student. It is vital we are monitoring any infectious diseases in the College i.e. influenza, measles or chickenpox, as these can have significant impacts on their immune system.

I seek your cooperation in preventing this situation. If your son/daughter has or may have an infectious disease, I request that you seek medical advice and do not send them to school during this period. Please notify the homeroom teacher at your earliest convenience should you suspect your child is ill.

The College is in regular contact with the family, we ask that their privacy is respected at this time and we keep them in our thoughts and prayers.

Kiera McNally
Head of Student Wellbeing

Drop off and Pick up zone:

After extensive consultation with the Melton City Council, in order to ensure the safety of our student's, beginning in Term 4 the parking area at the front of the college on College Street, will become a Drop off and Pick up zone during the following hours:

School Days: 8:00am to 9:30am and 2:30 – 4.00pm

Safety tips for drivers using a Drop-off and Pick-up zones

- Always drop off or pick up your child from the designated zone and follow the school's procedures
- Drivers should remain in their vehicles at all times in the Drop-off and Pick-up zone
- Make sure children use the Safety Door (the rear footpath side door) to get in and out of the car
- Make sure the handbrake is applied when the vehicle is stationary
- Always park legally
- Avoid dangerous manoeuvres such as U-turns and three-point turns.

Safety tips for students

- Always get in and out of the vehicle through the Safety Door, the rear footpath-side door
- Stay buckled up until the vehicle has stopped in the Drop-off and pick-up area
- Make sure your school bag and other items are in a safe position, such as on the floor

- Be ready to get out of the vehicle with your belongings when the car has stopped and you have unbuckled your seatbelt.



Parking Bay

Health and Physical Education

National Health and Physical Education Day will be held on Thursday September 12, with the theme of *Good for Children, Good for Schools and Good for Communities*. This initiative aims to:

1. Promote the importance of learning in HPE
2. Make a positive difference to students and their lifelong participation in physical activity
3. Improve health outcomes

We all know how important physical activity is for our health, but unfortunately many of our children are not meeting the recommended Australian 24-hour Movement Guidelines (60 minutes of physical activity/day) and leading sedentary lifestyles, potentially impacting health and well-being. Australian children rank among the worst in the world for overall physical activity levels (according to 2014, 2016 and 2018 Active Healthy Kids Active Report Card), with "8 in 10 children and young people not active enough for good heart health" (Blueprint for an Active Australia – Heart Foundation).

As part of the **National Health and Physical Education Day** initiative and campaign, suggestions for how parents and caregivers can get involved and make a difference include:

- Set aside time to be active as a family
- Use active modes of travel – walk, ride
- Visit a local club and play organised sport
- Teach your children fundamental movement skills
- Walk the walk by being a positive role model
- Unplug the technology and play

In the week following National Health and PE day, here at the College, we are very excited to be celebrating our annual **Health and PE Week**. This will be held during the final week of term, beginning Monday 16, through to Friday 20 September.

We look forward to everyone getting involved in the fun-filled, action-packed activities as we work together to raise awareness about the importance of learning in Health and Physical Education. Hopefully you will hear lots about the great activities your child has participated in, and the positive influence these experiences will have on participation in physical activity and health.

For more information about National Health and PE Day, visit the website

<http://www.hpeday.com.au/>

Helen Beynon

Area of Learning Leader – Health and Physical Education

National Science Week

Last week at our College we celebrated National Science Week from Monday 12 August until Friday 16 August.

Destination Moon: more missions, more science was the school theme for National Science Week in 2019. This theme was a way for teachers and students to discover past missions to the Moon and space programs that have solved some of the seemingly unsolvable problems—and current and future space programs, operations and missions. Many of these uses big picture thinking in science to solve problems, and technology, engineering and mathematics to design new solutions. This will help forge our future paths in the areas of space operations, space science, Earth observations, positioning systems and communications.

The week featured innovative and exciting workshops each day which included:

- Science Trivia
- Rocket Building & Launching
- Science PARADE
- Destination Moon Astronomy Night: Students and your families had opportunity to view the night sky through our new Dobsonian 8" Telescope. Highlights of the evening included astronaut food tasting, locating Constellations, planets and other satellites present in the night sky
- Movie: Apollo 13
- Landing on Mars mBot
- Experiment: Mentos to Mars

Thank-you to all staff, parents and students in supporting National Science Week at our College this year.



Miss Kelly Nguyen

Science Department

Ministry Ensemble

On Thursday 15 August all year levels attended St. Catherine of Siena to celebrate the Assumption of Mary. Students in the Ministry Ensemble presented themselves skillfully and professionally performing various Hymns for this Holy day of

Obligation. Students are now well and truly committed in preparing for the upcoming mass for Live Fully Act Justly Day later this term.

Melinda Martinek

Ministry Ensemble Leader



Library

Hours of opening

The library is open from:

- **Before school from** 8:00am – 8:45am
- **Recess** 10:40am – 11:05am (Recess is for borrowing books and photocopying or printing only.)
- **Lunchtime** 12:45pm – 1:35pm
- **Afterschool** 3:15pm - 4:15pm Monday – Thursday
- **Afterschool** 3:15pm – 3:40pm Friday

**Please note that there is an expectation that students will be productively occupied when using the library before or after school.*

Loans

Students may borrow up to three books at any time for a loan period of three weeks. Books may be renewed if so desired.

Overdue books

Students are asked to be considerate of others and return items as soon as they are finished with them. If students have overdue books, they should be returned or renewed before any new items are borrowed. Students will receive regular reminders when their books are overdue via a message on SEQTA. At the end of each semester, parents will be notified of outstanding loans.

Lost/damaged books

Students should speak to a library staff member if they have damaged a book or if they think it is lost. Each incident will be assessed individually, but generally, payment will be requested for books that are lost or damaged, so that replacement copies may be purchased.

Photocopier/ printer

Students are credited with \$5 at the start of every term towards their photocopying or printing requirements. Credit amounts may be topped up if necessary by paying at reception.

2020 Macbook Program Year 9 and Year 10

The tax invoice for the 2020 Macbook Program for Year 9 and Year 10 students was posted home last week. The \$490.00 payment per student is due in full by Thursday 28 November 2019.

If you have any queries or have not received your 2020 Macbook Program tax invoice please contact the finance department on 9217 8000.

Fees

As we are now half way through the school year please make sure you are regularly checking your school fee statement that is posted home at the beginning of each month to ensure your school fees are up to date. School fees are to be settled in full by the end of November 2019.

Please note deposits of cash through deposit-enabled ATMs unfortunately do not display your reference and therefore we are unable to allocate your funds. Please only deposit via online banking transfer.

If you have any queries or are having financial difficulties please contact our finance department on 9217 8000.

Year 9 Camp Payments

Year 9 Camp invoices have been posted home. Please pay in full by 11 October 2019.

College Uniform

Academy Uniforms - Catholic Regional College Sydenham

Address: 380 Sydenham Rd Place, Sydenham

- Monday 2:30pm – 4:30pm
- Thursday 8:00am – 10:00am
- Saturday 9:00am – 12:00pm

To order uniform online

<https://www.academyuniforms.com.au/login.php>

Username: CRC Caroline Springs

Password: caroline springs